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*Excellence in Mental Health*

## **MAY** **Free Carers Support Session:**

# **The challenges of supporting someone with an Alcohol or Drug addiction**

Facilitated by **Dave Willans - Social Worker**

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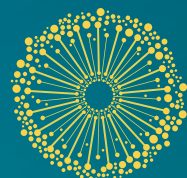
Dave facilitates the Clinic's Alcohol and Drug Treatment and Recovery weekly group. In the last year, we have seen an increase in substance usage, causing issues for clients and their carers. This session will be a chance to connect with others challenged by this and gain support and ideas on how to handle the situation better and look after yourself. Every meeting provides an opportunity for families and friends of loved ones with a mental illness to share their experiences and concerns in a safe and supportive environment.

**If you would like to register to attend this forum please RSVP  
at The Hobart Clinic by calling 6247 9960 or  
email: [info@thehobartclinic.com.au](mailto:info@thehobartclinic.com.au)**

**Tuesday 4th May 2021**

**City: Nipaluna Country 1/175 Collins St, Hobart**

**5:00pm to 6:30pm**



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